

## Prostate Cancer

**Put Prevention Into Practice**

*Name:* \_\_\_\_\_

*R<sub>x</sub> for Prevention*

  
  
  

*Follow-up:* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Clinician's Signature:* \_\_\_\_\_ *Date:* \_\_\_\_\_

- Prostate cancer is the most common cancer among American men.
- Men who are older than 50 years of age, are African American, or have a brother or father with prostate cancer are more likely than other men to get prostate cancer.
- In some men prostate cancer grows very slowly, and in other men it spreads quickly.
- If you are at risk, talk with your doctor about the risks and benefits of tests such as a rectal exam and prostate-specific antigen (PSA) to find prostate cancer.